

Department of Public Health and Human Services
Quality Assurance Division - Licensure Bureau
Child Care Licensing

Child Care Facility
SAMPLE - Activity Schedule / Written Plan

Remember: A plan is an extension of the activity schedule

Activity Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Arrival Supervised Free Play (7:30 - 8:45)	Free play Choice of Blocks, playdoh, or dolls	Table Time Puzzles or Small Legos	Games Hokey Pokey or Ring Around the Rosy	Free Play Choice of dress up, Blocks, or books	Home Toy Time Play with and share toys brought from home
Cleanup, Bathroom Break, Snack time (8:45 - 9:30)	List Snacks	List Snacks	List Snacks	List Snacks	List Snacks
Circle Time (9:30 - 10:15)	Talk about spring What signs do we see	Talk about spring What types of flowers do we see	Talk about spring - Read a book - Talk about types of gardens	Talk about spring - Colors that we see in the spring	Talk about spring - take a walk, collect spring things
Art Time (10:15 - 11:15)	Make Shamrock pictures	Make Spring Flowers	Make a picture of garden foods	Paint spring pictures	Make lady bugs and Caterpillars
Cleanup, Bathroom Break Lunch (11:15 - 12:00)	List Lunch	List Lunch	List Lunch	List Lunch	List Lunch
Out Side Time (12:00 - 12:45)	Free Play Choice of Bikes, Sandbox, or swings	Games Red Rover, Red Rover	Games Play Basketball	Games Play Hide and go Seek	Free Play
Nap Time / Quiet Time (12:45 - 2:30)	Watch kids Cartoon / Video Nap	Listen to kids music / coloring - drawing Nap	Watch kids Cartoons / Video Look at Books Nap	Watch kids Cartoons / Video Look at Books Nap	Watch kids Cartoons / Video Look at Books Nap
Cleanup, Bathroom Break, Snack time (2:30 - 3:00)	List Snacks	List Snacks	List Snacks	List Snacks	List Snacks
Game / Song Hour (3:00 - 4:00)	Sings songs/ play games of children's choice	Board game day Checkers, Lucky Ducks, Candy Land	Demonstrating talents and dance	Card game day Go Fish, War, Uno	Games Hokey Pokey, Ring Around the Rosy
Table Time, Book Time and Departure (4:00 - 5:30)	Playdoh, stencils, and books	Finger painting, shaving creme drawing	Books, coloring, drawing	Finger paints and water colors	Book day. Read your favorite book to a friend

